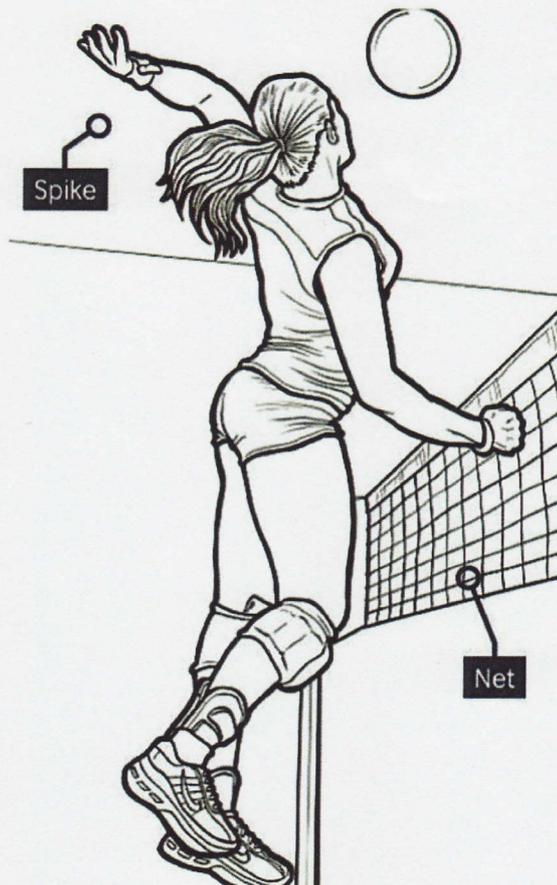


# Volleyball/Beach Volleyball

Get ready for the Summer Olympic Games with our series and learn about different Olympic and Paralympic sports.



## Questions and answers

### When was volleyball invented?

It was invented in 1895 in the state of Massachusetts, in the US.

### Wasn't that where basketball was invented?

Yes! Basketball was invented in 1891 in a nearby town. William Morgan created volleyball as a gentler alternative to basketball.

### A gentler alternative to basketball? But volleyball's not really a gentle sport, is it?

Not at all! It is very fast and quite physical. The ball can travel at speeds of up to 90 kilometres per hour!

### And it's got a net, like tennis.

That's right! Morgan wanted to combine several sports, and tennis was one of them. But the net isn't low like in tennis. It's more than two metres high.

### There's a player on each side wearing a different colour. Why is that?

They're called liberos. Think of them as football goalies. Their only job is to run around and keep the ball off the floor.

## Lesson No. 8



### Liberos? That sounds like a form of currency!

They are certainly invaluable, but only in indoor volleyball. There aren't any liberos in beach volleyball.

### Has the game changed since it was invented?

Yes. People all over the

## Activity

Choose the correct answer to each of the following questions and statements.

- 1. Volleyball was invented as an alternative to ...  
A. football  
B. basketball  
C. tennis  
D. golf

- 2. A special defence player in indoor volleyball is called a...  
A. goalie  
B. pass  
C. server

D. libero

- 3. The ... was developed in the Philippines.  
A. bump  
B. set and spike  
C. overhand serve  
D. dig
- 4. Beach volleyball was introduced as an Olympic sport in ...  
A. 1996  
B. 1964  
C. 1920  
D. 2007

world contributed to the rules. For example, the set and spike attack was developed in the Philippines in 1916.

### Is beach volleyball a recent invention?

No. Beach volleyball was invented in 1920. It wasn't added to the Olympics, though, until 1996. Indoor volleyball has been played in the Olympics since 1964.



Volleyball is a hard sport.

## Rules for Volleyball and Beach Volleyball

- Volleyball and beach volleyball are played on a court with a net.
- Teams must prevent the ball from touching the floor on their side of the court.
- Players hit or pass the ball but cannot catch or throw it.
- Teams cannot hit the ball more than three consecutive times.
- Individual players cannot hit the ball two consecutive times.
- Teams win a point when the ball hits the floor on the other side of the court.
- The ball is out of bounds when it falls outside the side line or end line.
- Players have to rotate before their team serves.
- Teams get a point if the other team commits a fault.
- Beach volleyball is played outdoors. The court is covered in sand.
- There are two players on each side.
- They wear swimsuits or shirts and shorts but no shoes.
- Teams need 21 points and a lead of two points to win a set.
- Teams must win two sets to win a match.
- For indoor volleyball, there are six players on each side.
- They wear shirts, shorts and shoes.

## Wordsearch

R	R	H	K	P	J	S	E	T	L
M	U	O	O	N	O	A	J	T	S
S	G	Y	T	U	D	I	J	T	P
W	E	E	J	A	J	M	N	H	I
R	V	R	C	A	T	Z	P	T	K
R	D	A	V	O	X	E	I	L	E
L	V	D	A	E	U	E	M	B	C
Z	N	L	I	B	E	R	O	S	N
Q	F	A	U	L	T	L	T	P	E
B	K	C	M	N	E	T	P	V	N

Find these words in the grid: net, libero, spike, court, rotate, fault, set, point, serve

## Answers

Activity  
1. B; 2. D; 3. B; 4. A

### Are there any star volleyball players?

Absolutely! Karch Kiraly is a famous US men's volleyball player and perhaps the best in the world. He retired in 2007. Juliana Felisberta and Larissa Franca are top ranked Brazilian beach volleyball players and fierce competition for Kerri Walsh and Misty May-Treanor from the US.

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